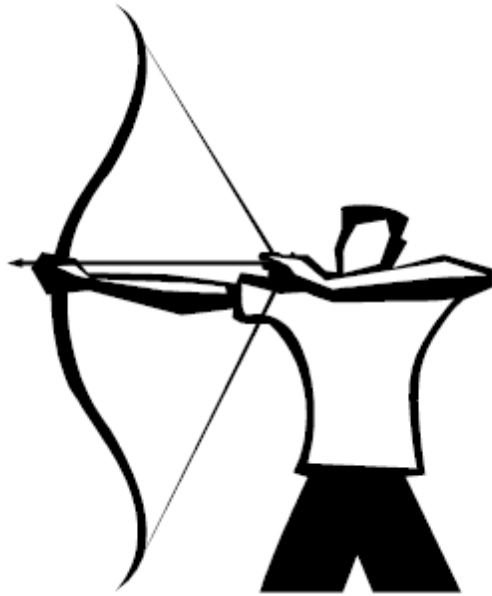


# 4-H ARCHERY



## Member Record Book

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

CLUB NAME: \_\_\_\_\_

Record book beginning date: \_\_\_\_\_

Record book finish date: \_\_\_\_\_

# Why Keep Records?



Keeping Records on your project can be interesting and fun – not dull or boring.

Good records will:

- Help you learn about your project and all that goes into it.
- Help you plan future projects.
- Teaches you safe practices and checks and balances.
- Improves your management practices.
- Gives you a record of your project activities.

Keep this record as part of your Person 4-H Records. This information is helpful for you to plan future year's projects, as well as if you ever apply for 4-H awards or a 4-H Scholarship.

Remember – Records are not better than what YOU put into them!

I understand that this is a COMPLETED Archery Project Record Book as required.

4-H'ers Signature: \_\_\_\_\_

4-H'ers Leader's Signature: \_\_\_\_\_

Leaders' objectives to 4-H members:

- Experience the obligation and responsibility required in safe shooting practices.
- Experience and cope with the “values” and “attitudes” of responsibility, in a relatively unsupervised environment.
- Supervision will be on a periodic basis.
- Experience competition through various shooting sports events throughout the state.

**MSU Montcalm Extension**  
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[https://www.canr.msu.edu/montcalm-county/montcalm\\_county\\_4\\_h/](https://www.canr.msu.edu/montcalm-county/montcalm_county_4_h/)

# Your Goals and Objectives for the Year

List up to 3 goals for you 4-H shooting sports project for this year. For each goal, list at least 3 objectives you need to accomplish to reach those goals, like how / what will you do to reach this goal?

**Goal 1:** \_\_\_\_\_

**Objective 1:** \_\_\_\_\_

**Objective 2:** \_\_\_\_\_

**Objective 3:** \_\_\_\_\_

**Goal 2:** \_\_\_\_\_

**Objective 1:** \_\_\_\_\_

**Objective 2:** \_\_\_\_\_

**Objective 3:** \_\_\_\_\_

**Goal 3:** \_\_\_\_\_

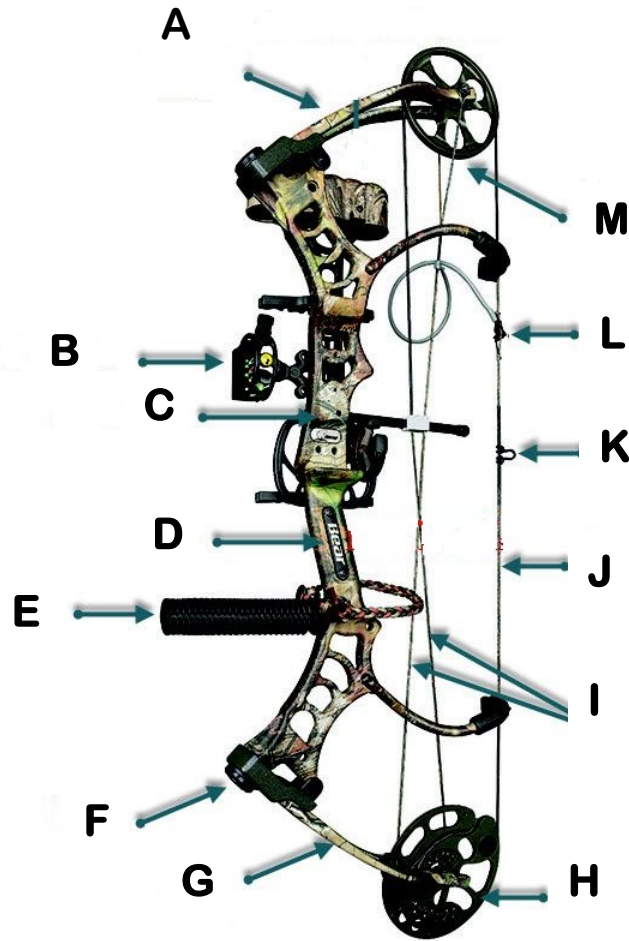
**Objective 1:** \_\_\_\_\_

**Objective 2:** \_\_\_\_\_

**Objective 3:** \_\_\_\_\_

# Parts of a Bow

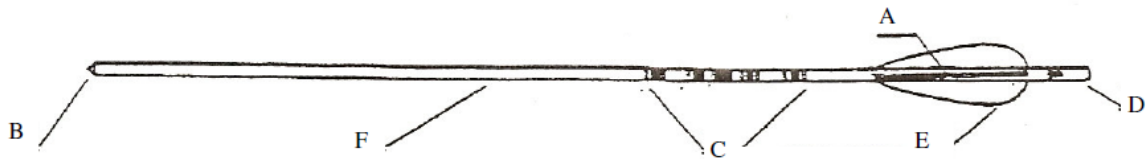
(Match the parts of the bow to their corresponding letters )



	Idler Cam		Upper Limb		Nocking Loop
	Cables		Bow String		Bow Site
	Peep Site		Cam		Arrow Rest
	Limb Bolt		Stabilizer		Lower Limb
	Grip				

# Parts of an Arrow

(Match the parts of the arrow to their corresponding letters)



	Point
	Shaft
	Nock

	Fletching
	Index Feather (Vane)
	Crest

# Safety Rules

**Ages 9 to 11 - 3 rules; 12 to 16 - 6 rules; 17 to 19 - 10 rules**

**RULE 1:** \_\_\_\_\_

**RULE 2:** \_\_\_\_\_

**RULE 3:** \_\_\_\_\_

**RULE 4:** \_\_\_\_\_

**RULE 5:** \_\_\_\_\_

**RULE 6:** \_\_\_\_\_

**RULE 7:** \_\_\_\_\_

**RULE 8:** \_\_\_\_\_

**RULE 9:** \_\_\_\_\_

**RULE 10:** \_\_\_\_\_

# Safety Equipment

Answer the following questions:

**Explain the importance of having proper safety equipment:** \_\_\_\_\_

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**List the safety equipment you use for your discipline:** \_\_\_\_\_

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# How to Maintain Your Bow

**Explain the importance of maintaining your bow:**

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**Explain how you maintain your bow:**

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# Equipment Inventory

(add additional pages if needed)

<b>Item</b>	<b>Date Purchased or Acquired</b>	<b>Purchase Cost</b>	<b>Serial Number</b>

# Practice Records

(add additional pages if needed)

Date	Description of Practice	Comments/Observations

# Competitive Events

<b>Date</b>	<b>Competitive Event</b>	<b>Possible Score</b>	<b>Your Score</b>

# **Know Your Bow**

- 1. What brand of bow do you have?**
- 2. Do you shoot with sites?**
- 3. If so, what type of sites do you use?**
- 4. What type of release aid do you use?**
- 5. What release aid are you not allowed to use?**
- 6. Do you use any other pieces of equipment?**
- 7. What other equipment are you allowed to shoot with?**

# **3-D Archery**

- 1. What are the 4 different scores you can get when shooting 3-D archery?**
- 2. How many arrows do you shoot at each target?**
- 3. Where is the kill zone on a deer?**
- 4. Between what distances do you shoot the target?**
- 5. What is the maximum draw weight?**
- 6. What is the maximum stabilizer length?**



# Photographs

# How Did You Do?

**Rating Scale:** Excellent (5) Very Well (4) OK (3) Not so well (2) Poorly (1)

**Goal 1:** \_\_\_\_\_

**Rate:** \_\_\_\_\_ **Explanation:** \_\_\_\_\_

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**Goal 2:** \_\_\_\_\_

**Rate:** \_\_\_\_\_ **Explanation:** \_\_\_\_\_

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**Goal 3:** \_\_\_\_\_

**Rate:** \_\_\_\_\_ **Explanation:** \_\_\_\_\_

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# Project Review

Have one or more of your shooting sports leaders fill out this page.

Discipline: \_\_\_\_\_

Comments: \_\_\_\_\_

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Reviewer's Signature and Date

Discipline: \_\_\_\_\_

Comments: \_\_\_\_\_

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Reviewer's Signature and Date

# My 4-H Archery Project Record Book Score Sheet

**4-H Member:** \_\_\_\_\_

**4-H Club:** \_\_\_\_\_

Page	Description	Possible Points	Your Points
1	<b>Cover Sheet</b>	5	
	Information is neat and complete		
2	<b>Why Keep Records</b>	5	
	Leader reviewed/signed book		
3	<b>Your Goals and Objectives</b>	10	
	Information is neat and complete		
4 - 5	<b>Parts of a bow and arrow</b>	10	
	Information is neat and complete		
6 - 7	<b>Safety rules and equipment</b>	10	
	Information is neat and complete		
8	<b>How to maintain your bow</b>	5	
	Information is neat and complete		
9	<b>Equipment inventory</b>	5	
	Information is neat and complete		
10 - 11	<b>Practice records / competitive events</b>	10	
	Information is neat and complete		
12	<b>Know your bow</b>	5	
	Information is neat and complete		
13	<b>3-D Archery</b>	5	
	Information is neat and complete		
14	<b>Report</b>	5	
	Information is neat and complete		
15	<b>Photographs</b>	5	
	Information is neat and complete		
16	<b>How did you do?</b>	5	
	Information is neat and complete		
17	<b>Project Review</b>	5	
	Information is neat and complete		
	<b>TOTAL POINTS</b> A: 70-90   B: 55-69   C: 40-54   DQ: Under 39	90	